

## LOCAL HEALTH RESOURCES

The following alphabetical list of health care providers has been compiled by the Health Unit. Practitioners are included after review by the Regional Medical Officer or Embassy Physician. They have had training overseas, are familiar with American or British medical care, and have a good command of English.

The list is not meant to be exhaustive or definitive nor does it represent either a guarantee of competence or endorsement by the Department of State or the American Embassy. It does indicate that they have been utilized by the American community in the past. Retention on this list depends upon a combination of factors including availability, training, and positive assistance in previous consultations, etc. Patient input, both positive and negative, regarding experience with local health care providers, is always welcome and provides additional information to assist in expanding or contracting this list.

Please note that the cost of outpatient services (i.e. not associated with actual hospitalization) are the responsibility of the patient or guardian.

You may pay in cash at the time the service is rendered or if agreeable to the provider a billing statement may be sent to you via the Embassy Health Unit.

## **ALCOHOLICS ANONYMOUS**

**MR. ZOEB**

074-410778

AA Meetings are held

Mondays at 6:30 pm

St. Mary's Church, Lauries Rd,  
Col.4

Saturdays at 6:30 pm

Christian Community Center  
Nugegoda

## **AL-ANON**

**FAHERMIDA**

AL-ANON Group Meetings are held

Sundays at 10:30 am

St. Mary's Church, Mt. Lavinia

1st Sunday of the month 6:30pm

St. Anthony's Church, Mt. Lavinia

1<sup>st</sup> Monday of the month 6:30pm

St. Mary's Church, Lauries Rd,  
Col.4

## **HOSPITALS**

**ASIRI HOSPITALS LIMITED**

181 Kirula Rd, Colombo 5.

2500608-12

2368929

Contact: Dr. Shiro Gunewardena

2867074

**GENERAL HOSPITAL**

Regent Street, Colombo 8

(emergency trauma service)

2691111

Emergency TRAUMA UNIT

2693184

**APOLLO HOSPITAL**

Kirula Road, Colombo 5.

074-530000

Emergency

074-531066

Consultations

074-53-1185

**SRI JAYAWARDENAPURA GENERAL HOSPITAL**

Kotte.

2863610-9

(Near OCS and Parliament, 20-40 minute drive from Nugegoda)

Director: Dr. Sanath Gunesekera

**NAWALOKA HOSPITAL**

23 Sri Saugathodaya Mawatha, Colombo 2

2546258/2544444

2544450

Contact: Dr. W.A.M. Gunesekera

### LABORATORIES AND X-RAY

**ASIRI HOSPITALS LIMITED** (Lab & X-ray) 2500608/12  
181 Kirula Rd, Colombo 5  
(Mobile unit to home on request)

### CARDIOLOGIST

**DR. HEMAL FERNANDO** HM: 2697469  
56/1, Horton Place, Colombo 7. 078-669752

**DR. MOHAN RAJAKARUNA** 0777712480  
Nawaloka Hospital 2544444/5/6

**DR. P. RANATUNGE** 0717-21345  
Asiri Hospital 2500608/9

### CHEST PHYSICIANS

**DR. CHANNA RANASINGHE** (Hm) 2697312/071-220566  
Asiri Hospital 2500608/9

### DENTISTS

**DR. J.N. CHINNIAH** Off: 2573728  
84 St. Anthony's Mawathe Colombo 3.  
Office hours: Mon-Fri: 9:00 am - 12:30 pm  
2:00 pm - 5:30 pm  
Sat: 8:30 am - 1:00 pm

**DR. L. DASSANAYAKE** (Hm) 2692113  
111, Kynsey Road, Colombo 8.

**DR. A. RATNAYAKE** 2580646  
207/8, Dharmapala Mawathe, Colombo 7

**DR. F. JAMEEL** (Hm) 2590887  
18/186 A Dabare Mw, off Kirimandala Mw 2590514  
Colombo 5.

### DERMATOLOGIST

**DR. W.D.H. PERERA**  
Asiri Hospital Mon-Fri after 5:00 pm 2500608/9  
Nawaloka Hospital 2544444/6

**DR. M.J.P. DE SILVA** 2588679  
17/2 Lauries Road Colombo 4

**EAR-NOSE-THROAT**

**DR. N. WIJEWEERA**  
Asiri Hospital  
Nawaloka Hospital

(HM) 2856377  
071-751665  
2544444/5/6

**ENDOCRINOLOGIST**

**DR. NALIN GUNARATNE**  
Asiri Hospital

(Hm) 2714909  
2500608

**GASTROENTEROLOGIST**

**DR. K.L. FERNANDO**  
Asiri Hospital

(Hm) 2868340/0777374410  
2500608

**GENERAL PRACTITIONER**

**DR. SHIRO GUNewardena**  
Asiri Hospital

(Hm) 2867074  
2500608

**HEMATOLOGIST**

**Dr. M.N. Prematilleke**  
Asiri Hospital

(Hm) 2592546  
2500608/12

**INTERNIST**

**Dr. W.A.M. GUNESEKERA**  
Medical Director - Nawaloka Hospital

(Hm) 2536229  
2544444/8

**DR. H. SAMARAJEWA**  
Asiri Hospital  
Central Hospital  
410/19 Baudhaloka Mawatha, Colombo 7.

(Hm) 2673732  
2500608/9  
2696411  
Off: 2699239

**NEPHROLOGIST**

**DR. CHULA HERATH** (Hm) 2502895  
Sri Jayawardenapura Hospital 2863610/9

**PROFESSOR REZVI SHERIFF**  
Nawaloka Hospital 2544444/7

**NEUROLOGIST**

**DR. SAMAN GUNETHILEKE** 2876966/0722-30166  
Asiri Hospital Fri-Sat 6:00 pm 2500608/12  
Nawaloka Hospital Sun 12:00 Noon 2544444/7

**DR. JAGATH WIJESEKERA**  
Nawaloka Hospital Mon-Fri: 5:30 pm 2544444/7

**OBSTETRICIAN/GYNECOLOGIST**

**DR. T. JAYARATNE** (Hm) 2556218/0777672895  
Asiri Hospital 2500608/9  
Nawaloka Hospital 2544444/5/6

**DR. H. SENANAYAKE** (Hm) 074-400088/0717-62176  
Asiri Hospital 2500608/9  
Joseph Fraser Hospital 2588385/2588466

**OPHTHALMOLOGIST**

**DR. D.B.K. DE SILVA** (Hm) 2699011  
10 Sumner Place Colombo 8.

**DR. U. DISSANAYAKE** (Hm) 2852426  
Asiri Hospital 2500608/9  
2368929

**ORTHOPEDIC PHYSICIAN/SPORTS MEDICINE**

**DR. MANJULA KARUNARATNE**  
Asiri Hospital

(Hm) 580634/0727-63696  
2580634

**DR. U. BANAGLA**  
Asiri Hospital

0717-58323/2583903  
2500608

**PEDIATRICIANS**

**DR. B.S. DAVID**  
Nawaloka Hospital

2544444/8

**DR. AJITH FERNANDO**  
Neptune Nursing Home  
186, Park Rd, Col 5.

(Hm) 2503670  
2590200

**DR. SHIRO GUNewardena**  
Asiri Hospital

(Hm) 2867074  
2500608/9

**DR. DULANI GUNASEKERA**  
Joseph Fraser Hospital

(Hm) 2823640/072-401502  
2588466/2588385

**PSYCHIATRIST**

**DR. DAVID RATNAVALE**  
21/1, Pedris Rd,  
Colombo 3.

Hm: 2565026  
Off: 075-518157/56

**SURGEON: GENERAL**

**DR. LAKSMAN FERNANDO** For laparoscopy surgery (Hm) 2868340  
Asiri Hospital 2500608

**DR. A. SOMARATNE** 0777715868/2367684  
Asiri Hospital 2500608/9,2368929  
Nawaloka Hospital 2544444/5/6

**SURGEON: ORTHOPEDIC**

**DR. UPALI BANAGALA** (Hm) 2583903/0717-58323  
Asiri Hospital 2500608  
Nawaloka Hospital 2544444/5/6

**DR. S.D. KARUNARATNE** (Hm) 2852628/0777684744  
Asiri Hospital 2500608

**DR. WASANTHA PERERA** (Hm) 2699838/2693751  
Nawaloka Hospital 2544444/6

**SURGEON: ORAL**

**DR. SUNIL FERNANDO** (Hm) 2580646  
42, Visaka Rd, Colombo 4.  
Asiri Hospital After 5:00 p.m. 2500608/9

**SURGEONS: PLASTIC**

**DR. LALANTHE AMARASINGHE** (Hm) 2856639/0777300586  
Asiri Hospital After 5:00 p.m. 2500608/9

**DR. NARENDRA WIJEMANNE** (Hm) 2691641  
Nawaloka Hospital 2544444/7

**UROLOGIST**

**DR. A. WIJEWARDENA** (Hm) 2886108/0722-55120  
Asiri Hospital 2500608/9

## OTHER RESOURCES

### CONTACT LENSES

**JOE SUBASINGHE**

2 Deanston Place, Colombo

2574118

### OPTICIANS

**TECHNO VISION LTD**

117/2, Dharmapala Mw, Col 7.

075-332561

075-354381